

Our Mission

We are an ambitious and inclusive Church of England School, dedicated to ensuring all students live life to the full.

Welcome to the first SEND newsletter of 2025!

In this issue you will find information on some sources of support for parents whose children have SEND and information on some changes that Devon have made to help support students with SEND and their parents.

Parent Forum

Thank you to those who attended our Parent Forum where we spent time talking about sources of support with SEND, both in and out of school. We also spent time chatting with the advisor from Careers South West who supports our students with careers advice.



We will be holding our next Parent Forum meetings on the 3rd June. This Forum will focus on support offered by Parental Minds and also through Early Help. As ever, it will also be a chance to chat to other like-minded parents and share informal advice and tips.

Devon-wide support

Devon has reviewed and is redesigning its Graduated Response to supporting students with SEND. They have completed the webpages for the support available to all students, known as Ordinarily Available Inclusive Provision and they can be found here:

<https://www.devon.gov.uk/support-schools-settings/ordinarily-available-inclusive-provision/>

They are now working on the webpages for more targeted support and these will be available soon.

Recognising the long wait for neurodiversity diagnoses, Children and Family Health Devon have launched a new website to help families access support whilst they wait:

<https://childrenandfamilyhealthdevon.nhs.uk/health-topic/neurodiversity/>

They are also trialling a Neurodiversity Support Group. We are meeting with a representative of this group and will be discussing how best to access and use this support.

Devon has also launched Family Hubs, with a website

<https://service.actionforchildren.org.uk/devon-family-hubs>

and an advice line 01392 277205 and email devonfamilyhubs@actionforchildren.org.uk so families can seek parenting advice and support directly.

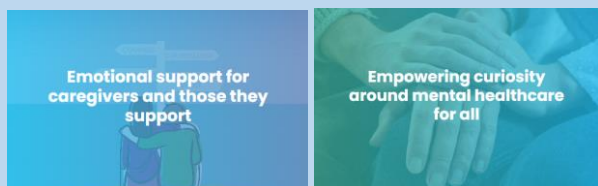
Support for Parents

It is difficult raising teenagers! It can be an anxious and isolating time for any parent.

Thankfully, as well as St Luke's, there are agencies and services that are there to help and support you.

You may be interested in the following:

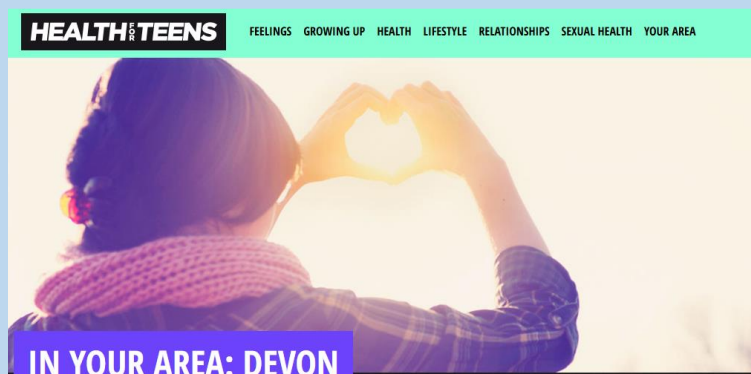
Parental Minds



Parental Minds was set up by parents for parents and offers a range of support, particularly around mental health.

<https://parentalminds.org.uk/>

Health for Kids and Teens



Health for kids – a new website for health needs:

www.healthforkids.co.uk/devon

And for teens:

<https://www.healthforteens.co.uk/devon/>

Free Solihull parenting courses:

These courses are for everyone who wants to be the best mum, dad, grandparent, carer that they can be. [The Solihull Approach](#) aims to improve emotional health and wellbeing by supporting relationships. The courses are written by Child and Adolescent Mental Health Services professionals with other health and education workers. They are evidence based and accredited by the Department for Education.

Courses are available on the following topics:

- Understanding your pregnancy, birth, labour and your baby
- Understanding your baby
- Understanding your child
- Understanding your teenagers brain

<https://www.devonscp.org.uk/free-online-courses-parents/>

Happy Maps



<https://www.happymaps.co.uk/>

A one-stop hub of information on young people's mental health aimed at Parents, Professionals and Young People. Happy Maps is endorsed by CAMHS and includes support on an A-Z of needs from ADHD to Tics and Tourette's.

Additional help:



You can always access free, impartial and confidential help about SEND issues through DIAS.

<https://devonias.org.uk/> tel:441392383080 devonias@devon.gov.uk

For Wellbeing support and also to find our One Minute Guides to SEND and also Early Help, please visit our website page

<https://stlukescofe.school/send/>